



Introduction

EARLY INTERVENTION

Pre-diagnostic & Post-diagnostic service



www.nurturesteps.com

Our Mission

Our aim is to provide Early Positive Behaviour Services (E-PBS) which focus on enhancing communication, independent living skills, social interaction and play. This aim is driven by our values being child-centred, inclusive and responsive to a family's individual needs.

Our work

Nurture Steps works primarily with families of preschool-aged children aged 0-5 years old. However, we recognise that there is a need for supporting older children, so we have a unique short term project (up to 10 hours of guidance) for parents of children up to 9. We work with children who have or awaiting neurodevelopment diagnoses. We also work with children affected by ACES or who struggle with social communication or interaction difficulties.

Our interventions

- Communication Skills
- Toileting
- Pre-academic skills
- Safety Skills
- Preparing for Medical Procedures
- Reduction of challenging behaviour
- Independent Living Skills
- Play Skills
- Sleep
- Managing emotions
- Positive Behaviour Intervention Plan
- Getting It Right For Every Child

Our process

- Referrals can be made through our website by anyone - families or professionals.
- We always do skill assessment and behaviour assessment first to learn about the child and their families. After the evaluation, we guide on Positive Behaviour Plan and offer 1-1 with the child.
- We work both in the family home or in another setting where the child is most comfortable.
If required, we can work in a school or a neutral location.

Our model

- The child's best interests are kept at the centre of our approach.
- The earlier the intervention, the more chances you have with a child to prepare them for school, learning, interactions with their peers and managing emotions.
- Our approach includes parents/carers at every stage and empowers them to become involved and learn from their children.
- The PBS model (Positive Behaviour Support model) we use is supported by evidence from peer-reviewed research and is the preferred model used by NHS Services and supported by The Scottish Government.

Get in touch

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