

# Primary School

## Lunch Menu

August 2019 - June 2020



**DYSART DAISY**

Says your P4-P7 child may also be entitled to free school meals saving you **£418** a year.

To apply visit [www.fife.gov.uk/freeschoolmeals](http://www.fife.gov.uk/freeschoolmeals)

All Free School Meals are completely confidential & the child or family cannot be identified.

**FREE**  
School Meals  
for **All P1-P3**  
No need to  
apply, just come  
along.

# Week 1 August 2019 - June 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V
Macaroni Cheese V served with Garlic Bread & Tomato Wedges	Pork Sausage in a Hot Dog Roll, Sweetcorn, Coleslaw & Potato Wedges (Tomato ketchup)	Chicken Korma, Boiled Rice, Naan Bread & Broccoli	Steak Pie, Potatoes & Carrots	Crispy Cod Fillet, Chips & Peas (Tomato ketchup)
Hot Chicken Wrap with Salsa & Salad	Italian Pasta V Mixed Salad Sweetcorn	Vegetable Quiche V Garlic Bread & Broccoli	Vegetable Nuggets V served in Tortilla Wrap with Salad & Garlic Mayonnaise	Cheesy Beano V
Baked Potato V / Wrap with Tuna Mayo or Cheese Fillings	Cheesy Potato Boat V / Baguette with Ham or Cheese Fillings	Baked Potato V / Baguette with Ham or Cheese Fillings	Baked Potato V / Wrap with Egg Mayo or Cheese Fillings	Baked Potato V / Baguette with Ham or Cheese Fillings
Raspberry Ripple Roll & Peaches V Apple & Grape Cup V	Baguette with Ham or Cheese Fillings Watermelon V Yoghurt V	Cheese Dino, Grapes & Crackers V Mandarin & Melon Cocktail V	Jelly and Fruit V Yoghurt V	Chocolate Muffin V Fresh Fruit Salad V

# Week 2 August 2019 - June 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V	Freshly Prepared Soup with Bread V
Italian Meatballs with Spaghetti & Broccoli	Beef Burger in a Bun served with Sweetcorn, Coleslaw & Potato Wedges (Tomato ketchup)	Roast Chicken & Gravy Mashed Potatoes & Carrots	Pasta Bolognese Garlic Bread Peas	Salmon Fish Fingers, Chips & Beans (Tomato ketchup)
Cheese Panini V served with Salad & Coleslaw	Omelette V Chips & Baked Beans	Pizza V Peas & Coleslaw	Cheese & Tomato	Vegetable Chilli V Rice & Salad
Baked Potato V / Wrap with Tuna Mayo or Cheese Fillings	Quorn Burger V in a bun served with Sweetcorn, Coleslaw & Potato Wedges (Tomato ketchup)	Baked Potato V / Baguette with Ham or Cheese Fillings	Cheesy Potato Boat V / Wrap with Egg Mayo or Cheese Fillings	Baked Potato V / Baguette with Ham or Cheese Fillings
Ice Cream & Fruit V Yoghurt V	Chilli Topped Wedges / Baguette with Ham or Cheese Fillings	Milkshake & Cookie V Fresh Fruit V	Cheese, Grapes & Cracker Platter V Fresh Fruit & Cream Dip V	Frozen Mousse Melon Boat V
	Apple Sponge & Custard V Melon V			

## Week 1 2019

19/08/2019 04/11/2019  
02/09/2019 18/11/2019  
16/09/2019 02/12/2019  
30/09/2019 16/12/2019  
21/10/2019

## Week 1 2020

06/01/2020 16/03/2020 01/06/2020  
20/01/2020 30/03/2020 15/06/2020  
03/02/2020 20/04/2020 29/06/2020  
17/02/2020 04/05/2020  
02/03/2020 18/05/2020

## Week 2 2019

26/08/2019 11/11/2019  
09/09/2019 25/11/2019  
23/09/2019 09/12/2019  
28/10/2019

## Week 2 2020

13/01/2020 09/03/2020 25/05/2020  
27/01/2020 23/03/2020 08/06/2020  
10/02/2020 27/04/2020 22/06/2020  
24/02/2020 11/05/2020

### Daisy's Hot Buffet

Wed 2nd October 2019

Menu Choice will be replaced with Daisy's Hot Buffet

### Christmas Lunch

Wed 11th December 2019

Menu Choice will be replaced with Christmas Day Lunch

### Burns Day

Fri 24th January 2020

Menu will be replaced with Burns Day Lunch

### Pancake Day

Tue 25th February 2020

Dessert will be replaced with Pancakes, Fruit & Ice Cream



Likes a 2 course  
lunch plus a drink every day.

Don't forget your **FREE** fresh  
fruit, vegetables, bread & salad.

All meals meet Scottish Government Nutritional  
Standards, ensuring school food provides  
healthy balanced nutritional meals.

### *Dietary Requirements*

If you need help or advice about your child's dietary requirements, please email [Jackie.Thomson@fife.gov.uk](mailto:Jackie.Thomson@fife.gov.uk) Jackie will then arrange a meeting for you with the school cook and manager.