

## Ear Syringing

### Information for Patients

You can now have your ears syringed by our Practice Nurse.

You do not need to see your GP prior to seeing the nurse unless you:

- Have had previous surgery to your ear.
- Told you have a perforated ear drum.
- Are currently on antibiotics for an ear infection.
- Problems with recurrent ear canal infections.

You should use a wax softener for 5 days prior to syringing.

Wax softeners:

- Olive Oil.
- Almond Oil.
- Sodium Bicarbonate 5% ear drops.

These are all very cheap.

Do not require a prescription.

2 drops two to four times daily.

If you are already using drops to soften the wax then an earlier appointment can be given.